

DEPARTMENT OF INTERNAL MEDICINE
Venous Thromboembolism
Physician Admission Order
Revised 8/04-Next Review 8/07
Form No. (Rev. 05/02)
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1. Admission Status:

- Full Admit:
- Place in observation bed

2. Diagnosis:

- Deep Venous Thrombosis Location: _____
- Superficial Venous Thrombosis Location: _____
- Pulmonary Embolus
- Obtain copy of diagnostic study – venous doppler, V/Q scan, CT scan chest, other _____ (circle one); study performed at _____

3. Activity:

- Bedrest with bathroom privileges x 24 hr., then activity as tolerated
- Activity as tolerated from time of admission
- Elevate affected extremity with warm compress PRN
- Other _____

4. Diagnostic Studies:

- **Recommended for all patients** (IF not completed in the ED, outpatient office, or referring facility, draw on admission and run STAT):
 - CBC
 - PT(INR)/PTT
 - CMP (if BMP performed prior to admit, add Hepatic Function Panel to blood already drawn)
 - UA
- **Recommended only if clinically indicated:**
 - CXR - PA/LAT or Portable AP (circle one)
 - ECG
 - Pulse oximetry - Room Air or On O2 @ _____ L/min (circle one)
 - ABG - Room Air or On O2 @ _____ L/min (circle one)
 - Other: _____

5. Stool Hemocults:

- No
- Yes
 - All stools
 - Only _____ stools (enter number)

6. Scale weight on admission in kilograms.

Physician Signature

Dictation #

7. Anti-thrombotic Therapy:

- Enoxaparin (LOVENOX): (1 mg/kg) _____ mg SQ every 12 hr. (rounded to nearest 10 mg) – 1st dose within 2 hr. of admission
 - Note: max dose = 150 mg Q12 hours (UH preferred for pts. > 150 kg)
 - Note: use with caution in pts. with renal insufficiency (creat. > 2 mg/dL or CrCl < 30 mL/min) due to risk excessive anticoagulation
- CBC every other day until discharge
 - Notify physician for major bleeding, platelets < 150,000, Hgb < 10 gm/dL or fall in Hgb \geq 2 gm/dL from last value
- Unfractionated Heparin(UH): use “Medicine Heparin Pre-Printed Orders”, form 113-1743 – 1st dose within 2 hr. of admission
- Warfarin (COUMADIN) – 1st dose on day of admission 2-4 hr. after 1st dose of enoxaparin or heparin
 - Warfarin _____ mg today. MD will order warfarin dose daily based on INR.
 - PT (INR) daily beginning day after admission.
 - Warfarin _____ mg daily beginning today
 - PT (INR) daily beginning _____ (fill in date)
 - Note: Current evidence recommends that heparin (UH or enoxaparin) and warfarin be overlapped:
 - A minimum of 5 days, and...
 - Until the PT/INR is within the therapeutic range for 2 consecutive days

8. Consult Case Manager to assess for feasibility of outpatient therapy with low-molecular weight heparin and warfarin.

- Yes
- No

9. Patient Education

- Nutritional Medicine – educate patient on diet while on warfarin
- Give patient COUMADIN educational material
- Show patient LOVENOX educational video

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